

# How did we get here?

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*This is who I work for*



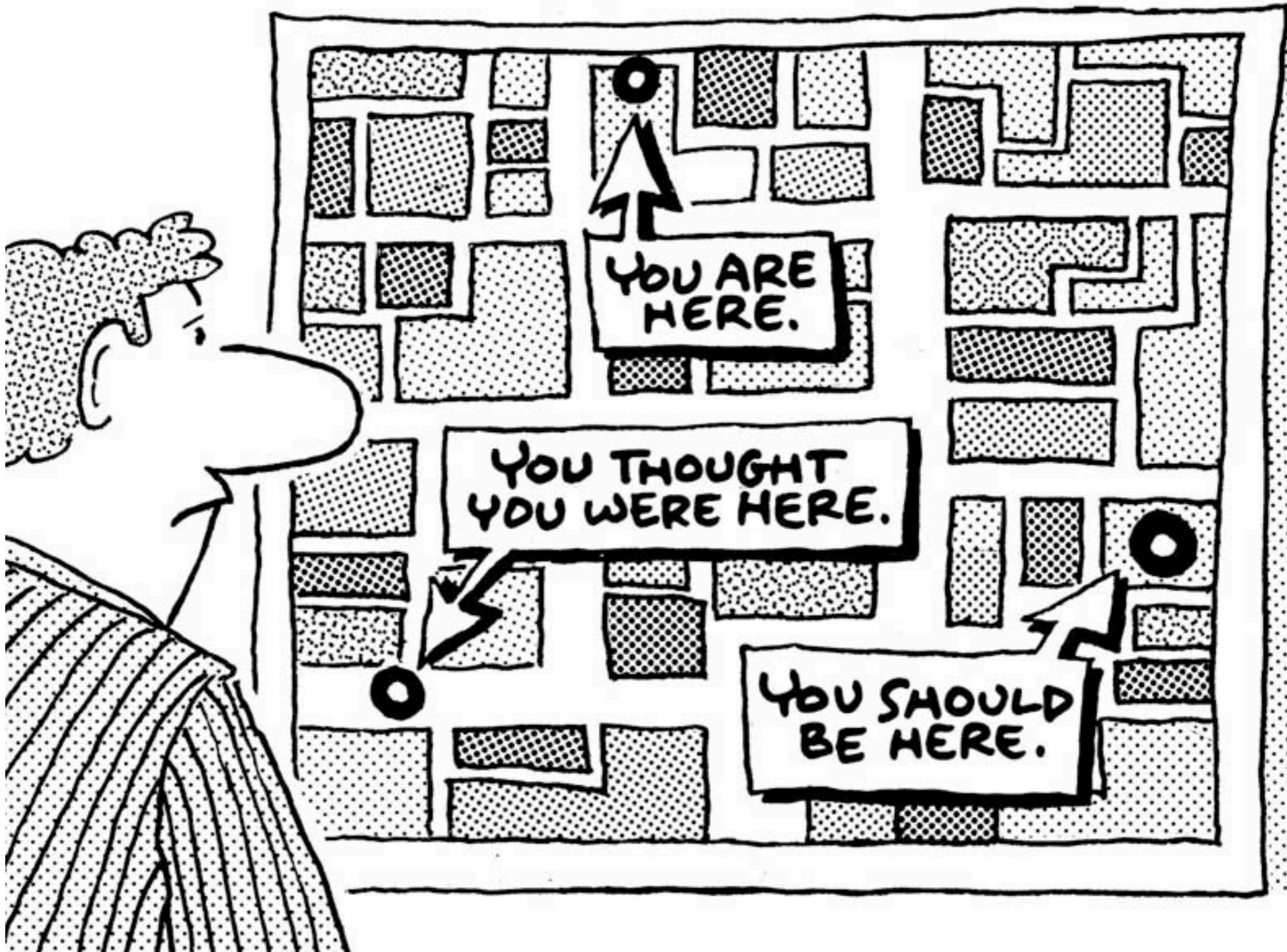
Skolan för teknik och hälsa (STH)  
Kungliga tekniska högskolan (KTH)  
Stockholm, Sweden

*This is my campaign →*



save lives  
stop  
incident  
reporting

*This is my stuff → Copyright © 2013 by R.I.Cook for CTL*



**Resilience** is the story of the accident that **didn't** happen.

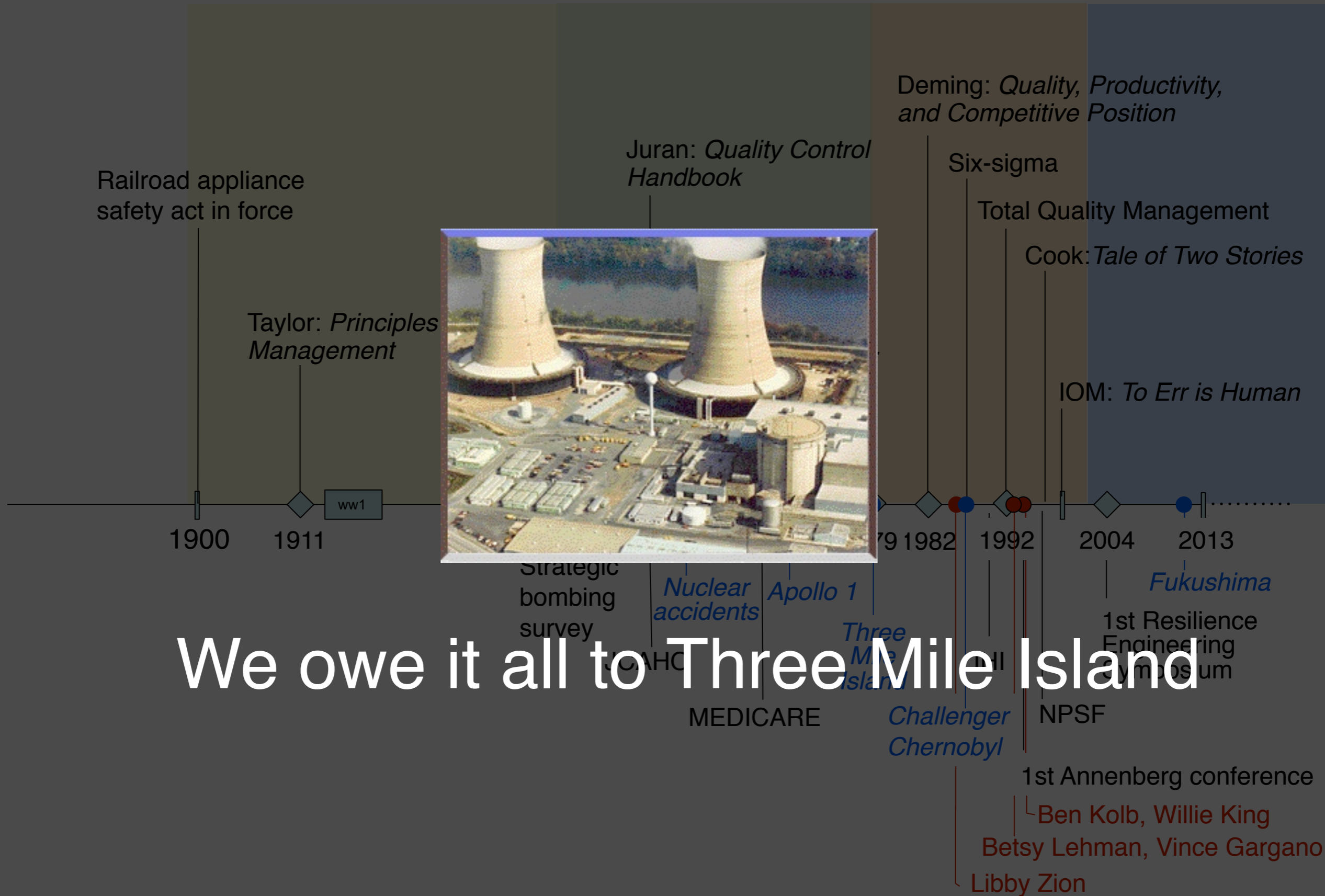
**Resilience** is the **second** story.

$$\text{resilience} = \frac{1}{\text{brittleness}}$$

- ❖ Safety is an emergent property of system structure and function.
- ❖ *Attention* to safety is a byproduct of accidents.
  - attention  $\propto$  Size x recency x 'distance'
- ❖ The meaning of accidents is inferred and contested.
- ❖ Organizations struggle for inference dominance.
- ❖ It's proven a lot harder to make progress on safety than anyone is willing to admit.

*These conditions do not tend toward enlightenment.*

1. Performance *at all scales*...
  - ...is sometimes very much *better* than expected.
  - ...is sometimes very much *worse* than expected.
2. People *purposefully* shift goals and change activities in response to novel, disruptive, or risky situations.
3. Adaptation is crucial to success.
4. Centralized control creates brittleness.
5. Unpredictable environments penalize brittleness.



We owe it all to Three Mile Island

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# A Tale of Two Stories: Contrasting Views of Patient Safety

Report from a Workshop on  
Assembling the Scientific Basis for Progress  
on Patient Safety

National Health Care Safety Council of the  
National Patient Safety Foundation at the AMA

December 1997

available at [www.ctlab.org](http://www.ctlab.org)

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*First stories:*

“...a kind of story we... tell after the fact in order to learn from the failure and to decide what kinds of changes are needed. In telling that story, stakeholders focus on a few of the factors and actors that could be seen as contributing to the sequence of events.”

*Second stories:*

“...examine how changes in technology, procedures, and organizations, combine with economic pressures to create new vulnerabilities and forms of failure at the same time that they create new forms of economic and therapeutic success.”



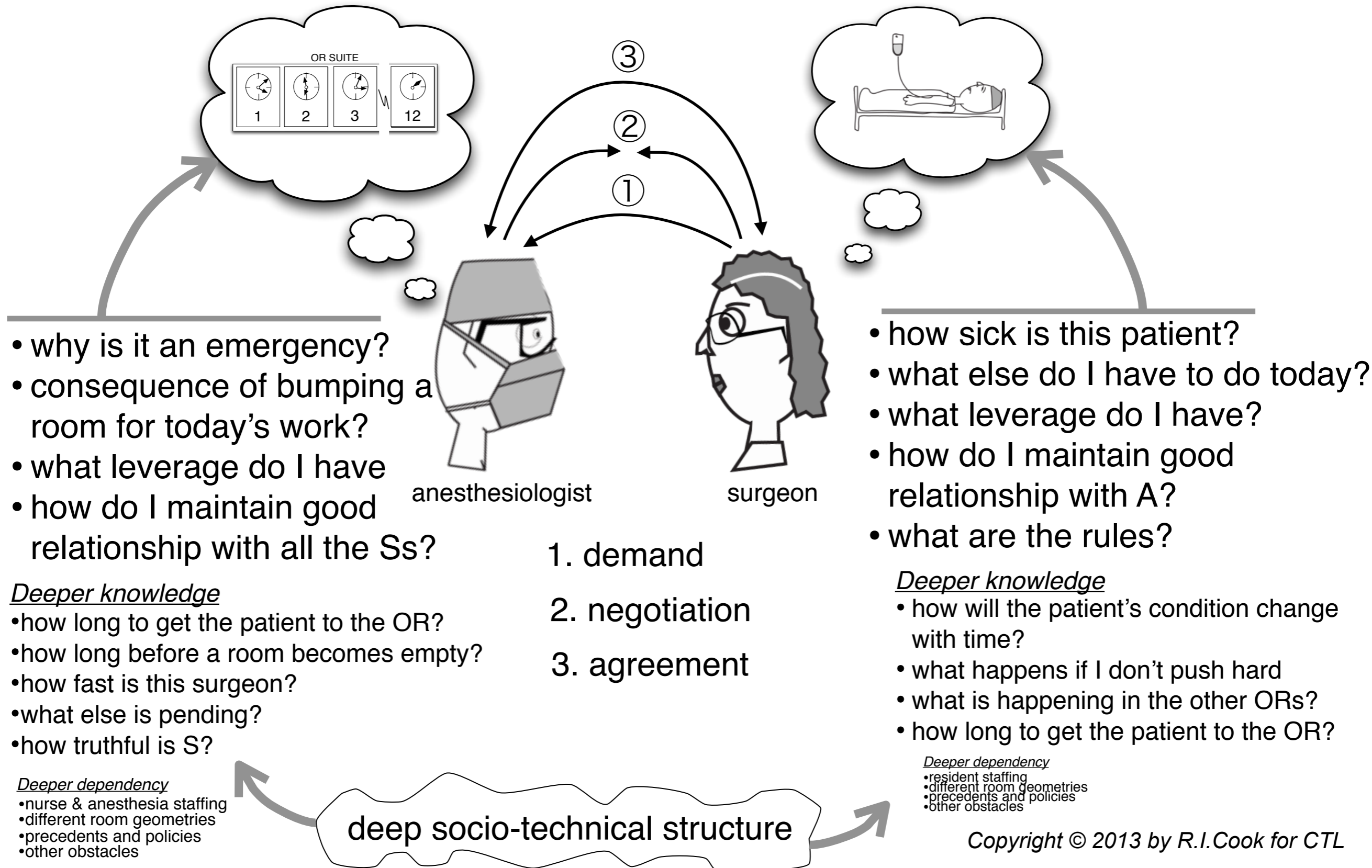
“... changes... create opportunities and vulnerabilities also encourage human adaptation to exploit opportunity and defend against vulnerability. Individuals, teams and organizations adapt their practices and tools to guard against known threats to safety.

But complexity limits the success of these adaptations.

Hazards are hidden, tradeoffs difficult to assess, and the coupling across seemingly distant parts is obscured.”

# case: "soft" emergency

Cook & Nemeth, Taking things in one's stride",  
Hollnagel et al., RE: Concepts and Precepts

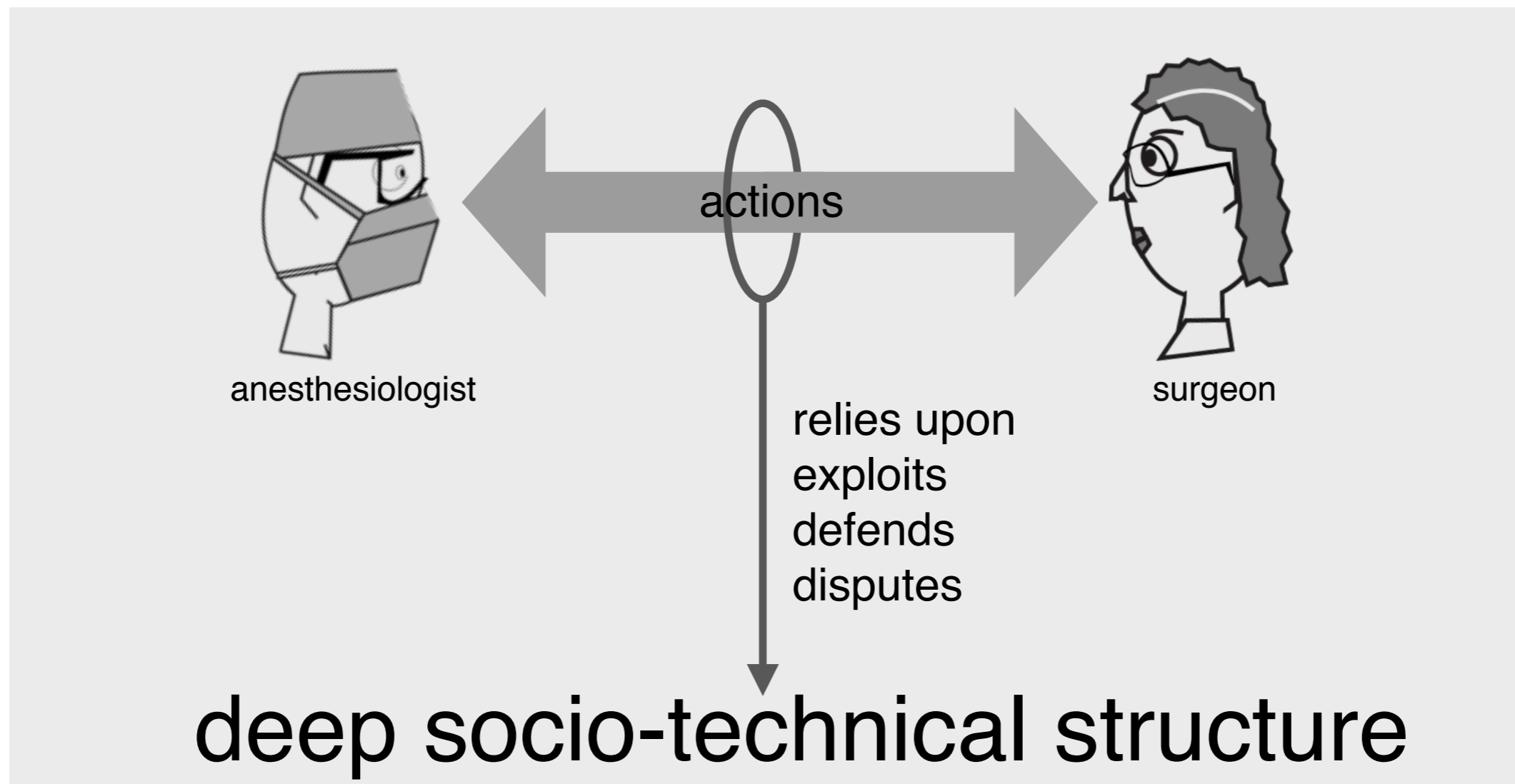


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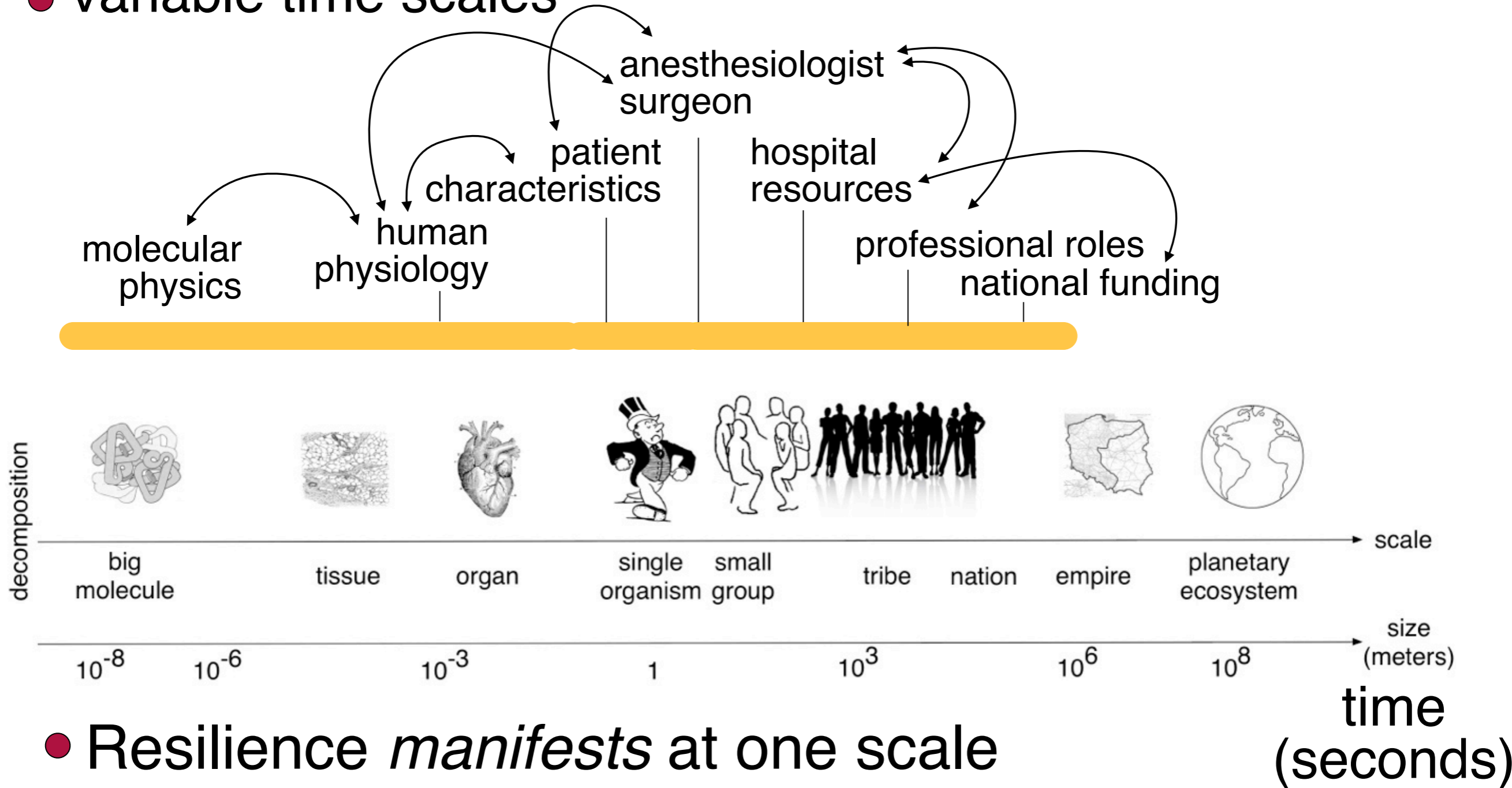
## case: “soft” emergency

Cook & Nemeth, Taking things in one's stride",  
Hollnagel et al., RE: Concepts and Precepts

- resilience is a property of *the system*
- resilience arises from system *ecology*



- **R** is multiply contingent
- variable time scales



- Resilience *manifests* at one scale
- Resilience *involves* all the scales

*Signs of resilience in action:*

1. Recognizing altered situations
2. Anticipating possible trajectories
3. Assessing consequences, probabilities, significances
4. Creating and deploying buffers and reserves
5. Hedging against high-loss outcomes
6. Mobilizing & directing resources
7. Sacrificing lower level goals
8. Switching tactics in escalating settings
9. Balancing recovery and rescue
10. Restoring capacity

- ❖ Resilience is the story of the accident that didn't happen.
- ❖ Resilience is the second story.
- ❖ Resilience may be *visible* at a particular scale but the sources of resilience are *active at all scales*.
- ❖ Are healthcare settings and organizations conducive to resilience?
- ❖ Can healthcare settings and organizations be engineered to enhance resilience?
- ❖ How would a resilient healthcare system react to the sudden absence of staff? [Swedish summer]